Course Description

NUR2520 | Psychiatric Nursing | 2.00 credits

This course introduces students to the basic concepts of psychiatric nursing. Students will learn to provide care in in-patient and community settings, focusing on the nurse's role in meeting the needs of the patient, family, and the community. Prerequisites: NUR1211, 1211L, 1214C or 1002, 1002L, 1141; Corequisites: NUR2520L

Course Competencies:

Competency 1: The student will identify the importance of biological psychiatry to the understanding of the etiology of selected mental illnesses by:

1. Describing the anatomy and physiology of the brain
2. Identifying the significant neurotransmitters and how they function as neuro-messengers in influencing behavior/mood
3. Identifying laboratory tests pertinent to diagnostic evaluation

Competency 2: The student will describe the assessment tools used in mental health/mental illness by:

1. Recognizing the DSM-IV classification system
2. Recognizing the multi-axial assessment
3. Identifying the components of a mental status assessment

Competency 3: The student will understand the legal implications in the care of a psychiatric client by:

1. Explaining the Baker Act procedure
2. Summarizing the Patient Bill of Rights
3. Describing the support provided by the community agencies and organizations for clients experiencing disruptions in mental health

Competency 4: The student will discuss the role of the nurse-client relationship in a psychiatric setting by:

1. Discussing the therapeutic use of self
2. Reviewing therapeutic and non-therapeutic communication
3. Comparing and contrasting the phases of the nurse-client relationship
4. Identifying the different roles of the psychiatric nurse in a psychiatric facility

Competency 5: The student will describe the principles of crisis intervention by:

1. Differentiating normal anxiety from pathological anxiety
2. Identifying the different types of crises
3. Identifying factors that contribute to crisis development
4. Describing the role of the nurse in crisis intervention
5. Identifying support systems and community agencies
6. Identifying appropriate diagnostic studies used in assessment
7. Identifying clinical manifestations
8. Describing the collaborative management of clients in crisis situations, including delegation of responsibility
9. Selecting appropriate therapeutic approaches/intervention
10. Discussing the nursing process's use as a framework for individualized care
11. Discussing the educational needs of clients and their families

Competency 6: The student will describe the nursing management of clients with anxiety disorders by:

1. Reviewing the psychobiology and other etiological factors
2. Identifying appropriate diagnostic studies used in assessment
3. Identifying clinical manifestations

4. Describing collaborative management of clients with anxiety disorders, including delegation of responsibility
5. Selecting appropriate therapeutic approaches/interventions
6. Discussing using the nursing process as a framework for providing individualized care
7. Discussing the educational needs of clients and their families

Competency 7: The student will describe the nursing management of clients with grief, loss/mood disorders by:
1. Reviewing the psychobiology and other etiological factors
2. Identifying appropriate diagnostic studies used in assessment
3. Identifying clinical manifestations
4. Describing the collaborative management of clients with mood disorders, including delegation of responsibility
5. Selecting appropriate therapeutic approaches/interventions
6. Discussing using the nursing process to provide individualized care
7. Discussing the nutritional requirements for clients with mood disorders
8. Discussing the educational needs of clients and their families
9. Identifying available community support systems

Competency 8: The student will describe the nursing management of clients with schizophrenia and other psychotic disorders by:
1. Reviewing the psychobiology and other etiological factors
2. Identifying appropriate diagnostic studies used in assessment
3. Identifying clinical manifestations
4. Describing the collaborative management of these clients, including delegation of responsibility
5. Selecting appropriate therapeutic approaches/interventions
6. Discussing using the nursing process as a framework for providing individualized care
7. Discussing the nutritional requirements for these client's disorders
8. Discussing the educational needs of clients and their families
9. Identifying available community support systems

Competency 9: The student will describe the nursing management of clients with personality/adjustment disorders by:
1. Reviewing etiological factors
2. Identifying psychological studies used in assessment
3. Identifying clinical manifestations
4. Describing the collaborative management of these clients, including delegation of responsibility
5. Selecting appropriate therapeutic approaches/interventions
6. Discussing using the nursing process to provide individualized care
7. Discussing the educational needs of clients and their families
8. Identifying available community support systems

Competency 10: The student will describe the nursing management of clients with substance-related disorders by:
1. Reviewing the psychobiology and other etiological factors
2. Identifying diagnostic and psychological studies used in assessment
3. Identifying clinical manifestations
4. Describing the collaborative management of these clients, including delegation of responsibility
5. Selecting appropriate therapeutic approaches/interventions
6. Discussing using the nursing process as a framework for providing individualized care
7. Discussing the educational needs of clients and their families
8. Identifying available community support systems

Competency 11: The student will describe the nursing management of clients with sexual and gender identity disorders by:
1. Reviewing the psychobiology and other etiological factors
2. Identifying psychological studies used in assessment
3. Identifying clinical manifestations
4. Describing the collaborative management of these clients, including delegation of responsibility
5. Selecting appropriate therapeutic approaches/interventions
6. Discussing using the nursing process to provide individualized care
7. Discussing the educational needs of clients and their families
8. Identifying available community support systems

Competency 12: The student will describe the nursing management of clients with cognitive disorders by:
1. Reviewing the psychobiology and other etiological factors
2. Identifying psychological and diagnostic studies used in assessment
3. Identifying clinical manifestations
4. Describing the collaborative management of these clients, including delegation of responsibility
5. Selecting appropriate therapeutic approaches/interventions
6. Discussing using the nursing process to provide individualized care
7. Discussing the educational needs of clients and their families
8. Identifying available community support systems
9. Discussing the nutritional requirements for these clients

Competency 13: The student will describe the nursing management of infancy, childhood, and adolescent disorders by:
1. Reviewing the psychobiology and other etiological factors
2. Identifying diagnostic and psychological studies used in assessment
3. Identifying clinical manifestations
4. Describing the collaborative management of these clients, including delegation of responsibility
5. Selecting appropriate therapeutic approaches/interventions
6. Discussing the nursing process's use as a framework for providing individualized care
7. Discussing the educational needs of clients and their families
8. Identifying available community support systems
9. Discussing the nutritional requirements of these clients

Competency 14: The student will describe the nursing management of clients experiencing human abuse by:
1. Reviewing the etiological factors
2. Identifying psychological studies used in assessment
3. Discussing the legal ramifications for these clients
4. Identifying clinical manifestations
5. Describing the collaborative management of these clients, including delegation of responsibility
6. Selecting appropriate therapeutic approaches/interventions
7. Discussing the nursing process's use as a framework for providing individualized care
8. Discussing the educational needs of clients and their families
9. Identifying available community support systems

Learning Outcomes:
- Communicate effectively using listening, speaking, reading, and writing skills
- Demonstrate knowledge of diverse cultures including global and historical perspectives